



Swim England Covid-19 Risk Assessment for Sittingbourne & Milton Swimming Club

This risk assessment has been completed based on the templates and guidelines provided by Swim England.

This document describes how Sittingbourne & Milton Swimming Club intends to reasonably protect any participants from the risk of Covid-19.

The protocols listed within this document will be reviewed regularly and changed accordingly if measures or guidance changes.

Version 4 – updated 4th August 2020



General Covid-19 Risk Assessment for SMSC

Name of Club:	Sittingbourne & Milton Swimming Club				
Date risk assessment carried out:	1/08/2020 – 04/8/2020	Person:	A.Linder (on behalf of SMSC)	Review date:	3 weeks in line with government review

What is the Hazard?	Who might be harmed	Risk rating before controls	Controls considered	Risk rating after controls	Actioned by
Spread of Covid-19 Coronavirus					
Carpark	<ul style="list-style-type: none"> Swimmers Parents Guardians Coaches Volunteers 	High	<ul style="list-style-type: none"> Information to members on social distancing designated car parking signage and controls at facility. Recommendation for wearing of facial covering during travel to and from training and whilst entering and leaving the building. 	Medium	Club Committee and Facility Operator
Facility entrance and reception area	<ul style="list-style-type: none"> Swimmers Coaches Volunteers Parents 	High	<ul style="list-style-type: none"> Social distancing-via separate entry/marked walkway. Information given to parents of protocols. 	Medium	Club Committee and Facility Operator

Changing rooms	<ul style="list-style-type: none"> • Swimmers • Coaches • Volunteers 	High	<ul style="list-style-type: none"> • Use of lockers and changing rooms no longer permitted. • Athletes to arrive in costume ready to swim. 	Medium	Club Committee and Facility Operator
Health screening	<ul style="list-style-type: none"> • Swimmers • Coaches • Volunteers 	High	<ul style="list-style-type: none"> • Completion of screening club health declaration before returning to swim and confirming they are still symptom-free before every training session. 	Medium	Lead Coaches/Covid-19 Officer
Someone becomes unwell during session	<ul style="list-style-type: none"> • Swimmers • Coaches • Volunteers 	Low	<ul style="list-style-type: none"> • A track and trace system will be implemented and all persons attending sessions and spectators will be required to confirm information on a register. • Contact parent guardian or next of kin and isolate individual in first aid room or other suitable area. Use appropriate PPE supplied by facility. 	Low	Covid-19 Officer Facility officer / Lifeguard (depending on hire agreements)
Poolside	<ul style="list-style-type: none"> • Swimmers • Coaches • Volunteers 	High	<ul style="list-style-type: none"> • Club will follow the facilities risk assessment and 	Medium	Lead Coach and Duty Manger or other

			<p>procedure for getting swimmers to and from the poolside.</p> <ul style="list-style-type: none"> • Supervision/spectating is to be limited to one Parent/Guardian per child, keeping those attending to a minimum. Where possible the accompanying adult will be asked to wait in the car to minimise the number of people poolside. • Social distancing protocols to be followed at all times. • Advise any session attendees who are at higher risk (e.g. over 70 years of age) to consider additional precautions where possible. 		<p>suitable member of staff. Covid-19 officer/ liaison</p>
During activity	<ul style="list-style-type: none"> • Swimmers • Coaches 	High	<ul style="list-style-type: none"> • Appropriate training to achieve social distancing protocols. • Will use double width lanes when setting up for lane swimming. 	Medium	<p>Lead Coaches Covid-19 officer/ liaison</p>

			<ul style="list-style-type: none"> • There will be no more than 10 swimmers in a double lane and social distancing must be adhered to by all swimmers. • Coaches should deliver from poolside and should not enter the water unless required to for an emergency. • Pre and post pool exercise will be done at home by swimmers if required. 		
Hygiene measures	<ul style="list-style-type: none"> • Swimmers • Coaches • Volunteers 	High	<ul style="list-style-type: none"> • Covid-19 Rules communicated to all members in advance. • Additional hand sanitiser and face coverings made available by club at entrance to venues. 	Medium	Club Committee/Covid-19 Officer

Equipment	<ul style="list-style-type: none"> • Swimmers • Coaches 	High	<ul style="list-style-type: none"> • Communication regarding use and sharing is prohibited. • Recommendation of cleaning protocols after each training session to be circulated. Additional anti-viral wipes made available by club at each session. • Equipment required will kept to a minimum and placed in an appropriate for swimmers to access while maintaining the social distancing protocol. 	Medium	Club Committee
Exit	<ul style="list-style-type: none"> • Swimmers • Coaches • Volunteers • Parents 	High	<ul style="list-style-type: none"> • One way system in place. Athlete to leave facility As soon as possible Consider breaks between squad entry and exit to enable the maintaining of social distancing rules at all times. • Club will follow the facilities risk assessment and 	Medium	Lead Coaches, Facility Operator

			<p>procedure for getting swimmers to and from the poolside.</p> <ul style="list-style-type: none">• Instruction to parents for collection their children (younger age groups).		
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